

NAMI Syracuse Children's Conference

Mood Disorders: Surviving & Thriving the Ups & Downs

Wednesday, May 3, 2017 * 9:00am-3:00pm * Bishop Harrison Center, Syracuse, NY

Please register by Friday, April 28, 2017

- Registration Fee \$40.00
 - Become a member of NAMI Syracuse & attend the conference \$70.00
 - Sorry, not able to attend; but please accept my tax deductible donation \$ _____
- ~~~some scholarships available, please call 315-487-2085 to inquire~~~

NAME: _____

FROM: (Agency, NAMI, School, etc.) _____

ADDRESS: _____

PHONE: _____ E-MAIL: _____

~ Registration includes Breakfast & Lunch ~ Display Table Requested

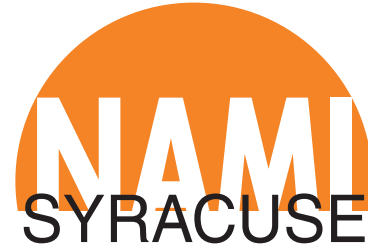
Mail registration form along with payment to NAMI Syracuse, Inc., 917 Avery Avenue, Syracuse, NY 13204 or go to our website, www.namisyracuse.org, click **DONATE** and indicate Conference Registration

Tel. 315-487-2085 FAX 315-487-2154 E-mail namisyracuse@namisyracuse.org.



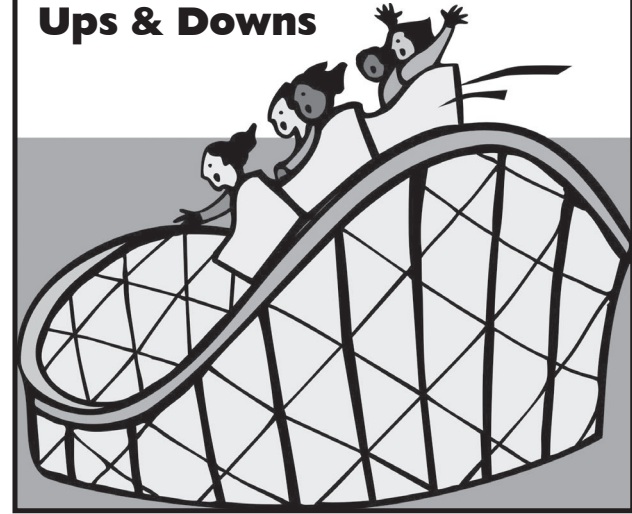
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CHILDREN'S EDUCATIONAL CONFERENCE

**Mood Disorders:
Surviving & Thriving the
Ups & Downs**



Wednesday, May 3, 2017
9am-3pm
 Bishop Harrison Center
 1340 Lancaster Avenue
 Syracuse, New York 13210

NAMI Syracuse, the local affiliate of NAMI, National Alliance on Mental Illness and NAMI-NYS, is a non-profit self-help organization of active and concerned families and friends of people who suffer from serious and persistent psychiatric illnesses.

Conference Committee:
 Marla Byrnes, Chair • Judy Bliss-Ridgway
 Spencer Gervasoni • Lacey Roy • Carol Sheldon Brady

PROGRAM

8:00-8:45am	Registration
8:45-9:00am	Karen Winters Schwartz President NAMI Syracuse Welcome & Introduction
9:00-10:00am	James Demer MD Mood Disorders in Children & Youth
10:00-10:15am	Questions & Answers
10:15-10:30am	Break/Networking
10:30-11:15am	Lacey Roy, Mental Health Advocate A New Normal
11:15-11:30am	Questions & Answers
11:30-12:30pm	Lunch/Networking/Silent Auction
12:30-1:30pm	Nicole Semmens Nurtured Heart Approach
1:30-1:45pm	Questions & Answers
1:45-2:30pm	Panel: Rob Thrasher and daughter, Abby Thrasher Becky Hidy and daughter, Danae Hidy Individual & Family Experiences of Dealing with a Mood Disorder
2:30-2:45pm	Questions & Answers
2:45-3:00pm	Wrap-up/Evaluations

Presenters

James Demer, MD, Board certified Child, Adolescent and Adult Psychiatrist. Director of the Child Psychiatry Fellowship Program at Upstate Medical University. Currently Assistant Professor. Born and raised in Upstate New York. Graduate of the University of Notre Dame and Upstate Medical University. Completed Residency at Walter Reed Army Medical Center. Veteran of Operation Enduring Freedom in Afghanistan. Currently consulting Psychiatrist to Hillside Residential Treatment Facility in Auburn; consultant to Golisano Children's Hospital; Telepsychiatry at River Wellness Program in Alexandria Bay.



Lacey Roy, Advocate for Mental Health, has a diagnosis of Bipolar Disorder I which has been evident throughout her life and has contributed to her fervent pursuit to advocate as well as helping to positively shape her into who she is today. Former Investment Advisor, she is currently a fulltime student studying Human Services and Sociology to prepare for a career in the Mental Health field.



Nicole Semmens is a proud wife and mother of two passionate children, and a certified Advanced Trainer in the Nurtured Heart Approach. She is fiercely dedicated to sharing the approach with parents, educators, and professionals knowing the incredible transformations that are possible through the use of NHA. Besides coaching and training people, she also works for the Children's Success Foundation, the non-profit organization that supports the spread of NHA worldwide. Previously, Nicole worked for 14 years as a Program Director for The Salvation Army running a supported housing program for young adults with mental health issues where she successfully utilized NHA practices with the staff team and the clients served.



"The Nurtured Heart Approach® is a relationship-focused methodology founded strategically in The 3 Stands™ for helping children (and adults) build their Inner Wealth® and use their intensity in successful ways.

It has become a powerful way of awakening the inherent greatness in all children while facilitating parenting and classroom success. The essence of the Approach is a set of core methodologies originally developed for working with the most difficult children. It has a proven impact on every child, including those who are challenged behaviorally, socially and academically. The Nurtured Heart Approach® has also been shown to create transformative changes in children diagnosed with ADHD, Oppositional Defiant Disorder, Reactive Attachment Disorder and other behavioral, emotional and anxiety related symptoms - almost always without the need for long-term mental health treatment. Even children experiencing social cognitive challenges, like Autism Spectrum Disorder and Asperger Syndrome greatly benefit from the Approach, reducing the need for traditional mental health and medical interventions." [Children's Success Foundation]

Rob Thrasher and daughter Abby from Utica, NY and Becky Hidy and daughter Danae from Auburn, NY will discuss the individual and family experience. Abby and Danae have both experienced the impact of a diagnosis of mood disorder as teens. They will share what the experience has been for them, what has been helpful to their recovery and what has not been helpful. Rob and Becky will share the parents' journey in seeking resources and support for their daughters' recovery and what was helpful and not helpful.

School Staff are encouraged to attend and can get professional development hours towards their NYS certification. Check with your individual district for more details.

The 2017 Joe Gentile Memorial Award will be presented to Abby Thrasher.

From the small town of New Hartford, New York, Abigail Rose Thrasher (ART) is starting a non-profit called "Healing With ART". This organization will help teens going through bi-polar disorder, depression, anxiety, and other mental illness find good counselors, doctors, and other resources and will educate and fight the stigma of Mental Health Disorders. Abby and her Dad appeared on the Time Warner Cable series, "The Fight Within."

